

General Instructions for Treatment in co-operation with Trauma Surgery Department at the University Hospital Marburg

Treatment week	1	2	3	4	5	6	7	8	9
Ankle Fracture Weber B operative									
Ankle Fracture Weber B conservative									
Ankle Fracture Weber C									
Ankle Fracture Weber C with adjustable screw									
Ankle Fracture Weber C Volkmann >25°									
Jones Fracture									
Pilon-Tibial							Weight bearing depend on xray		
Calcaneus operative							Weight bearing depend on xray		
Calcaneus conservative							Weight bearing depend on xray		
Arthrodesis LAJ						Weight bearing depend on xray			
Arthrodesis UAJ							Weight bearing depend on xray		
Achilles tendon rupture operative									
Ligament ruptures conservative				VACOankle Ankle brace/Orthosis					

VACOpedes[®] by OPEd

Metatarsal		VACOpedes
Hallux		VACOpedes

- Phase 1 Sole contact
- Phase 2 Partial weight bearing
- Phase 3 Full weight bearing



Immobilization and ROM (Range of Motion)
Can be set up with the key. Adjustable in 5-degree-steps.



Physiotherapy



Achill-Sole



VACOankle