

Treatment plan in co-operation with
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Treatment week	1	2	3	4	5	6	7	8	9
Ankle Fracture Weber A									
Ankle Fracture Weber B operative treatment at good bone quality									
Weber C/ Maisonneuve Insecure UAJ-Fracture									
Lisfranc-/Chopart Luxation Fracture									
Metatarsal basic fracture operative/conservative									
UAJ-Total joint replacement									
Achilles tendon operative/conservative									

↑ Please mark here

- Phase 1 Sole contact
- Phase 2 Partial weight bearing
- Phase 3 Full weight bearing



Immobilization and ROM (Range of Motion)
Can be set up with the key. Adjustable in 5-degree-steps.



Physiotherapy



Achill-Sole



VACOankle